



**Four Outdoor Destinations to Visit this Summer in Chickasaw Country**  
*Warmer weather means it's time for day-tripping and staycation season*

**Chickasaw Country, OK-- (June 7, 2022)** – Make sure your staycation happens this year by traveling locally and exploring the great outdoors. According to the Environmental Protection Agency, Americans spend approximately 90 percent of their time indoors. Alter the ordinary by exploring Chickasaw Country, the getaway in your backyard. “Chickasaw Country has no shortage of standout destinations to visit,” says Paige Williams Shepherd, director of corporate development and tourism for the Chickasaw Nation. “Whether you’re interested in an immersive, authentic First American cultural experience or natural landscapes and outdoor adventures, we truly believe there’s something for everyone in Chickasaw Country.”

Four outdoor locations are highlighted below. However, this is only a peek into the natural beauty and excitement found within the entire region.

**[Blue River](#), Tishomingo, OK** - Enjoy trout fishing, swimming, kayaking and camping in the tranquil outdoors at Blue River in Tishomingo. Venture over to [Blue River Ribs](#) for famous barbecue, or experience a micro-winery at [Old Silo Winery](#).

**[Chickasaw National Recreation Area](#), Sulphur, OK** - As one of three Oklahoma parks affiliated with the National Park Service, the Chickasaw National Recreation Area is an outdoor oasis of water and wildlife. Boating, fishing and camping are offered year-round, as well as over 30 miles of hiking trails. While in Sulphur, visit the world-class [Chickasaw Cultural Center](#), participate in a Stomp Dance and learn about First American culture.

**[Lake Texoma State Park](#), Kingston, OK** - Lake Texoma offers plenty of family-friendly activities like boating, canoeing, kayaking, fishing and swimming. Are you looking for extreme water adventure? Consider [Water Wings of Texoma](#) to fly up to 30 feet in the air and experience the feeling of zero gravity.

**[Turner Falls Park](#), Davis, OK** - Explore Turner Falls Park in the heart of the Arbuckle Mountains. There you'll find natural swimming pools, caves and a 77-foot waterfall. Take it all in from above in the [777 Zip](#), a zipline that lets you see 717 feet in the air.

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#### **ABOUT CHICKASAW COUNTRY**

Nestled in south-central Oklahoma, Chickasaw Country is a regional tourism organization representing 13 of Oklahoma's 77 counties. As the official destination tourism organization, Chickasaw Country includes 7,648 square miles, 11 percent of Oklahoma's total 68,597 square miles. Chickasaw Country, a division of the Chickasaw Nation, is a tourism source for visitors and communities within the region and promotes destinations, attractions, and festivals. Chickasaw Country is a diverse and culturally vested destination, with new adventures and experiences around every corner.

For more information about Chickasaw Country and the many tourism destinations in south-central Oklahoma, visit [chickasawcountry.com](http://chickasawcountry.com), or follow on Facebook and Instagram [@ChickasawCountry](#).

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